

Use “The Scene” to introduce “How to Prevent Anger” the High School Sunday school lesson for December 31, 2017. The lesson is found on page 31 of *High School Teacher*.



the **SCENE**

Viewing the latest news through the lens of Scripture

The latest Star Wars series film is out and it has satisfied many hard-core fans, while disappointing others, as expected. In this film, *The Last Jedi*, there are several scenes in which the aged Luke Skywalker talks with the young Rey about what it means to be a Jedi and to use “the Force.” (Don’t worry, no spoilers here.)

As is witnessed in other films in the series, we see that use of the Force is mysteriously connected with the feelings within the Jedi. When a Jedi taps into anger and hatred, the Force gets used for evil. When the Jedi taps into peace and goodwill, the Force gets used for good.

But in either case, anytime the Force gets used for any very great struggle or an action that requires much energy, the person who is at the time harnessing that power is himself (or herself, as the case may be) affected to the extent of depleting their own physical energy, as well as emotional.

We can all be thankful that God’s power does not work this way. No matter how much we tap into His power, we will never be made weak by depending on Him. And no matter what our feelings may be, His power is always a force for good.

As students arrive, give each of them a copy of the article. Then discuss in this way:

What do you think about the idea of how the Force is used in the Star Wars films? Do you think it has any relation to how we think about spiritual forces? If so, explain.

Have you ever been so angry at someone that the energy it takes to be angry makes you tired? Does being really happy or excited about something take the same energy? Think about it and explain your answers.

What do you think? Can just feeling angry by itself cause you to do evil? When you get angry, where does that feeling come from?

Uncontrolled anger can be a serious problem. Today we’re going to look at the book of James to find three ways we can prevent dangerous explosions of anger.



MEETING GOD FACE-TO-FACE

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